



Believe it or not,  
the view does get  
boring eventually

Being stuck in hospital does tend to become boring, especially if your illness or injuries don't allow you to move around. As for being on your back, in a bed for up to six weeks recovering from a broken pelvis.... boring somehow doesn't seem an adequate description.

The 4Bs is a sub-committee of the Motorcycle Riders Association (SA) and one of our goals is to provide help and support for hospitalised motorcycle riders and their families.

One of the simplest and most effective ways we have found to assist patients in passing the time is to provide them with movies to watch. To that end we have set up a DVD Library in the Royal Adelaide Hospital. We started this scheme two years ago and it works so well our library needs to be expanded.

Which is where you and your business or social group can help with very little effort. We have supplied DVD players for long-term recovering patients. Please assist us with donations of up to six DVDs. They can be movies,

sport, TV classics or documentaries...think about what you might want to watch.

Details of the last DVD handover can be found on our website at <http://www.mrasa.asn.au/fourbees.shtml>

**Please get busy and spread the word.**

**DVDs can be dropped off at any Andersons**

**Solicitors office:**

185 Victoria Square, Adelaide  
110 Lipson Street, Port Adelaide  
11a Seventh Street, Murray Bridge  
5 Gwendoline Street, Mt Gambier  
163 Hindmarsh Road, Victor Harbor



**Or you can mail them to:**

The Motorcycle Riders Association (SA)  
PO Box 1895  
Adelaide SA 5001

